



## University Avenue Discovery Center Menu for the week of: March 2-6, 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	<b>GF</b> Chex Orange "Julius" Milk	<b>WG</b> Banana Bread Yogurt Milk	<b>WG</b> Bagels Scrambled Eggs Milk	Buttermilk Biscuits Blueberries Milk	<b>WG</b> Steel Cut Oats Pears Milk
Lunch	Cheese Quesadillas <b>WG</b> Tortillas Cucumbers Oranges Milk	Grilled Cheese Tomato Soup Roast Mushrooms Bananas Milk	Hungarian Goulash <b>WG</b> Rolls Roasted Bell Peppers Pineapples Milk	Pizza <b>WG</b> Crust Salad Grapes Milk	Veggie Burgers String Cheese Cornbread Apples Milk
Snack	<b>WG</b> Pretzel Fish Fruit Cocktail Milk	Kale Chips Peaches Milk	House Salsa <b>WG</b> House Doritos Milk	Carrots/Celery Yogurt Fruit Dip Milk	Sweet Potato Fries Baby Oranges Milk

**Vegetarian protein alternatives available on days when meat is served:**

- Hard-boiled egg
- Cheese
- Grilled cheese sandwich
- Bean and cheese quesadilla
- Beans (kidney, black, or pinto)
- Sun nut butter and jelly sandwich or rollup
- Yogurt (plain, unsweetened)
- Hummus and pita bread

\*Menus are subject to change  
 \*\*WG=Whole Grain, HM=Homemade, DF=Dairy Free, GF=Gluten Free  
 \*\*\*1% unflavored milk is required to be served to children ages 2 and older