



## University Avenue Discovery Center Menu for the week of: March 9-13, 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	English Muffins Jam, Turkey Bacon Milk	Grapefruit Toast Milk	Rice Krispies Strawberries Milk	<b>WG</b> Muffins Yogurt Milk	Pancakes Applesauce Milk
Lunch	3 Cheese Pasta Bake Bread Spinach Salad Apples Milk	Turkey Noodle Soup <b>WG</b> Rolls Cucumber Bananas Milk	Veggie Chili Cornbread Green Beans Grapes Milk	Open Face Pepperoni + Cheese Sandwiches Rice Noodles Bell Peppers Pineapples Milk	Cheese + Bean Quesadillas <b>WG</b> Tortillas Baby Carrots Baby Oranges SC/Salsa Milk
Snack	<b>WG</b> Pretzels Oranges Milk	Banana Bread Chocolate Milk Milk	<b>WG</b> Chex Mix Carrots Milk	Cottage Cheese Peaches Milk	<b>WG</b> Goldfish Pears Milk

**Vegetarian protein alternatives available on days when meat is served:**

- Hard-boiled egg
- Cheese
- Grilled cheese sandwich
- Bean and cheese quesadilla
- Beans (kidney, black, or pinto)
- Sun nut butter and jelly sandwich or rollup
- Yogurt (plain, unsweetened)
- Hummus and pita bread

\*Menus are subject to change  
 \*\*WG=Whole Grain, HM=Homemade, DF=Dairy Free, GF=Gluten Free  
 \*\*\*1% unflavored milk is required to be served to children ages 2 and older