



## University Avenue Discovery Center

### Menu for the week of: June 8-12, 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	<b>WG</b> Homemade Bread Frozen Blueberries Milk	French Toast Turkey Sausage Milk	<b>WG</b> Banana Bread Smoothies Milk	<b>WG</b> Muffins Applesauce Milk	Rice Chex Cantaloupes Milk
Lunch	Buttered Noodles Bok Choy/Cucumbers Sliced Gouda Grapes Milk	Potato Soup Flatbread CSA Veggies Pears Milk	BBQ Beef Texas Roadhouse Rolls Kale Chips Oranges Milk	Cheese Tortellini Baguettes CSA Veggies Bananas Milk	Fish Nuggets Buttermilk Biscuits CSA Veggies Apples Milk
Snack	Veggie Straws Carrots Milk	Rhubarb <b>WG</b> Oats Milk	Pita Chips Spiced Pear Sauce Milk	<b>WG</b> Goldfish Fruit Cocktail Milk	<b>WG</b> Tortillas House Salsa Milk

**Vegetarian protein alternatives available on days when meat is served:**

- Hard-boiled egg
- Cheese
- Grilled cheese sandwich
- Bean and cheese quesadilla
- Beans (kidney, black, or pinto)
- Sun nut butter and jelly sandwich or rollup
- Yogurt (plain, unsweetened)
- Hummus and pita bread

\*Menus are subject to change

\*\*WG=Whole Grain, HM=Homemade, DF=Dairy Free, GF=Gluten Free

\*\*\*1% unflavored milk is required to be served to children ages 2 and older