



University Avenue Discovery Center Menu for the week of: November 9-13, 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Applesauce Cereal Milk	WG Muffins Yogurt Milk	WG Banana Bread Apricots Milk		WG Oatmeal Turkey Bacon Milk
Lunch	Turkey Noodle Soup WG Bread Carrots Apples Milk	Quesadillas Tortilla Chips Cucumbers Oranges Milk	GF Chicken Tenders Flatbread Salad Bananas Milk	Closed for Conferences	Sunbutter + Jelly Sandwiches Animal Crackers Potato Wedges Pineapples Milk
Snack	Goldfish Pears Milk	Kale Chips Peaches Milk	WG Pretzels Grapes Milk		Saltines String Cheese Milk

Vegetarian protein alternatives available on days when meat is served:

- Hard-boiled eggs
- Cheese
- Grilled cheese sandwich
- Bean and cheese quesadilla
- Beans (black, or pinto)
- Sun-nut butter and jelly sandwich
- Yogurt (plain, unsweetened)
- Hummus and pita

*Menus are subject to change

**WG=Whole Grain, HM=Homemade, DF=Dairy Free, GF=Gluten Free

***1% unflavored milk is required to be served to children ages 2 and older