



University Avenue Discovery Center Menu for the week of: Nov 15-19, 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	WG Banana Bread Pears Milk	WG English Muffins Blueberries Milk	Smoothies WG CinnaFish Milk	Cereal Fruit Cocktail Milk	WG Pancakes 100% OJ Milk
Lunch	Veggie Burgers WG Rolls Spaghetti Squash Oranges Milk	Veggie Soup Sliced Gouda Bananas Baguettes Milk	Chicken Chili Tortilla Chips Sweet Potato Fries Apples Milk	Macaroni & Cheese Pepperoni Roast Peppers Pineapples Milk	Fish Nuggets WG Flatbread Salad Pears Milk
Snack	Kale Chips Applesauce	WG Soft Pretzels Grapes	Sunbutter & Jelly Sandwiches	WG Goldfish Peaches	Chex Mix Baby Oranges

- Vegetarian substitutes are provided on meat days:
- Hard boiled eggs
 - Cheese
 - Grilled cheese
 - Bean and cheese quesadilla

- Sunbutter/jelly sandwich
- Plain yogurt

*Menus are subject to change
 *WG=Whole Grain / GF=Gluten Free
 *1% unflavored milk is required for children ages 2 +