



University Avenue Discovery Center

Menu for the week of: Jan 10 - 14 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cottage Cheese Peaches Hard Boiled Milk	Turkey Sausage Scrambled Eggs Applesauce Milk	Hashbrowns Egg Cheesebake Bananas Milk	Bagels w/jelly Apples Milk	Bagels with Cream Cheese/Jelly Apples Milk
Lunch	White Chicken Chili Biscuits Broccoli Apples Milk	Grilled Cheese Tomato Soup Cucumber Salad Fruit Cktl Milk	Chicken Alfredo Pasta Cheesy Biscuits Strawberries Milk	Vegetable Pizza Casserole Berries Biscuits Milk	Garden BurgSweet Potato Fries Oranges Milk
Snack	Wg Graham Crackers Oranges	Soft Pretzels Cheese	WG Fish Crackers Applesauce	WG Wheat Thins Grapes	Chips & Salsa

- Vegetarian substitutes are provided on meat days:
- Hard boiled eggs
 - Cheese
 - Grilled cheese
 - Bean and cheese quesadilla
 - Sunbutter/jelly sandwich
 - Plain yogurt

*Menus are subject to change

*WG=Whole Grain / GF=Gluten Free

*1% unflavored milk is required for children ages 2 +