



University Avenue Discovery Center Menu for the week of: May 2nd - 6th

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	WG Sweet Potato Bread Bananas Milk	Vegetarian Egg Muffins Milk	WG Banana Muffins Apples Milk	WG Waffles Blueberries Milk	Bagels Bananas Milk
Lunch	Chicken Tenders Potatoes Cauliflower Apples Milk	5 Cheese Lasagna Beet Salad Strawberries Milk	Bean and Cheese Enchiladas Verde Spanish Rice Apples Carrots Milk	Cheese Broccoli Soup WG Bread Oranges Milk	Mac and Cheese Mixed Veggies Fruit Salad Milk
Snack	WG Tortilla Chips Guacamole	Sundried Tomato Roll Up Fruit Cocktail	Cheese & Ritz Crackers	WG Graham Crackers Nectarines	WG Goldfish Grapes

Vegetarian substitutes are provided on meat days:

- Hard boiled eggs
- Cheese
- Grilled cheese
- Bean and cheese quesadilla
- Sunbutter/jelly sandwich
- Plain yogurt

*Menus are subject to change

*WG=Whole Grain / GF=Gluten Free

*1% unflavored milk is required for children ages 2 +