



University Avenue Discovery Center Menu for the week of: May 9 - 13 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Pumpkin Bread Oranges Milk	Cereal Bananas Milk	Oranges WG Donut Holes Milk	Hash Brown, Egg & Cheese Bake Blueberries Milk	English Muffins Bananas Milk
Lunch	Chicken or Tofu Fajitas Mixed Peppers & Onions Corn & WG Flour Tortillas Apples Milk	Spaghetti & Vegetarian Meatballs Caprese Salad Grapes Milk	Baked Haddock Cucumber Salad Apples Baby Red Potatoes Milk	Cheese Ravioli Broccoli Grapes WG Bread Milk	Sushi Rolls Miso Soup Cheesy Biscuits Apples Milk
Snack	Graham Crackers Applesauce	WG Pretzels Pears	Cheese & Crackers	WG Goldfish Oranges	WG Wheat Thins Oranges

Vegetarian substitutes are provided on meat days:

- Hard boiled eggs
- Cheese
- Grilled cheese
- Bean and cheese quesadilla
- Sunbutter/jelly sandwich
- Plain yogurt

***Menus are subject to change**

***WG=Whole Grain / GF=Gluten Free**

***1% unflavored milk is required for children ages 2 +**