



University Avenue Discovery Center Menu for the week of:

June 20 - 24 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Rice Krispies Bananas Milk	Bagels, Cream Cheese, & Jelly Oranges Milk	Feta, hashbrowns spinach egg bake Grapes Milk	Yogurt, granola and raspberry Parfait Milk	WG English Muffins & Sun Butter Melon Milk
LUNCH	Krab or Tofu & Veggie Pasta Salad Roasted Cauliflower Cheesy Biscuits Milk	Fish Squares or Vegan Chicken Squares Steak Fries Broccoli Salad Pineapple Milk	Bean & Cheese Enchiladas Verde' Carrots Apples Milk	Cheese Ravioli Garlic Bread Caprese Salad CSA Veg Milk	Chicken Noodle or Cheesy Broccoli Soup WG Bread & Butter CSA Veg
Snack	WG Crackers & Cheese	WG Pretzels Bananas	WG Goldfish Cinnamon Crackers Oranges	WG Cheez-its Oranges	String Cheese Crackers

*Menus are subject to change

*WG=Whole Grain / GF=Gluten Free

*1% unflavored milk is required for children ages 2 +

- Vegetarian substitutes are provided on most days:

 - Hard boiled eggs
 - Cheese
 - Grilled cheese
 - Bean and cheese quesadilla
 - Sandwiches/jelly sandwich
 - Plain yogurt