



University Avenue Discovery Center

Menu for the week of: July 18 - 22 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	WG Waffles Oranges Milk	Creme Brulee' French Toast Grapes Milk	WG Cheerios Bananas Milk	WG Donut Holes Strawberries Milk	WG Corn Flakes Bananas Milk
LUNCH	WG Cheese Pizza Zucchini Creole Apples Milk	Chicken or Tofu Pasta Casserole Broccoli Tropical Fruit Salad Milk	Cheese Ravioli Garden Salad Garlic Bread Kiwi Milk	Bean Soup Corn Chips Lemon & Basil Couscous Oranges Milk	Mac & Cheese Strawberries CSA veg Turkey or Veg Dogs Milk
Snack	Bananas Pretzels	WG Cinnamon Goldfish Apples	WG Wheat Thins String Cheese	WG Cheez-its Grapes	WG Chips & Salsa
<p>*Menus are subject to change</p> <p>*WG=Whole Grain / GF=Gluten Free</p> <p>*1% unflavored milk is required for children ages 2 +</p>				<div style="border: 1px solid black; padding: 5px; width: fit-content;"> <p>Vegetarian substitutes are provided on most days:</p> <ul style="list-style-type: none"> • Hard boiled eggs • Cheese • Grilled cheese • Bean and cheese quesadilla • Sausage/jelly sandwich • Plain yogurt </div>	