



University Avenue Discovery Center

Menu for the week of: August 8 - 12 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Biscuits & Gravy Oranges Milk	Yogurt Raspberries & Granola Parfait Banana Bread Milk	WG Kix Cereal Bananas Milk	Waffles Blueberries Milk	Hashbrown, Egg & Cheese Bake Oranges Milk
LUNCH	Turkey or Tofu Dogs Cauliflower Lemon & Basil Couscous Apples Milk	BBQ Chicken Pizza w/pineapple & red onion Grapes Coleslaw Milk	Thai Shrimp & Chicken w/assorted Vegetables Basmati Rice Strawberries Milk	Chicken or Tofu Tenders Tatar Tots CSA Veg Oranges Milk	WG Cheese Pizza CSA Veg Apples Broccoli Milk
Snack	WG Cinnamon Goldfish Oranges	WG Cinnamon Goldfish Pineapple	String Cheese WG Pretzels	WG Cheez-its Apples	Cheese & Crackers
<p>*Menus are subject to change</p> <p>*WG=Whole Grain / GF=Gluten Free</p> <p>*1% unflavored milk is required for children ages 2 +</p>				<div style="border: 1px solid black; padding: 5px; width: fit-content;"> <p>Vegetarian substitutes are provided on meat days:</p> <ul style="list-style-type: none"> • Hard boiled eggs • Cheese • Grilled cheese • Bean and cheese quesadilla • Sunbutterjelly sandwich • Plain yogurt </div>	