



University Avenue Discovery Center

Menu for the week of: August 15-18 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Pancakes Bananas Milk	Yogurt Banana Bread Milk	WG Kix Cereal Bananas Milk	Bagels Cream Cheese Oranges Milk	WG English Muffins Grapes Milk
LUNCH	Cheese Ravioli Garden Salad Garlic Bread Apples Milk	WG Mac & Cheese Bean Soup Cucumber Salad Watermelon Milk	Bean & Cheese Tostadas Lemon & Basil Couscous Apples Csa Veg Milk	Grilled Cheese Tomato Soup CSA Veg Grapes Milk	Cheese Pizza Mandarin Oranges Garden Salad Milk
Snack	WG Goldfish Pretzels Oranges	WG Cinnamon Goldfish Pineapple	String Cheese WG Pretzels	WG Cheez-its Apples	Cheese & Crackers
<p>*Menus are subject to change</p> <p>*WG=Whole Grain / GF=Gluten Free</p> <p>*1% unflavored milk is required for children ages 2 +</p>				<div style="border: 1px solid black; padding: 5px;"> <p>Vegetarian substitutes are provided on meat days:</p> <ul style="list-style-type: none"> • Hard boiled eggs • Cheese • Grilled cheese • Bean and cheese quesadilla • Sunbutter/jelly sandwich • Plain yogurt </div>	