



University Avenue Discovery Center

Menu for the week of: Sept 12 - 16

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios Oranges Milk	English Muffins w/SunButter Apples Milk	Hash Browns Scrambled Eggs Mandarin Oranges Milk	Turkey Ham & Broccoli Quiche or Broccoli & Cheese Quiche Melon Milk	Pancakes Berries Milk
LUNCH	Manicotti Cheese Bread Green Beans Peaches Milk	Fish Sandwiches or Egg Salad Sandwich Baked Potato Oranges Milk	BBQ Chicken Pizzas W/Pineapple or Veggie Pizza Quinoa Salad Apples	Gnocchi w/Pesto Chicken Tenders Csa Veg Milk	Lasagna Csa Beg Tropical Fruit Garlic Bread Milk
Snack	WG Ritz Crackers Apples	WG Cinnamon Scooby-doo crackers Bananas	String Cheese WG Pretzels	WG Cheez-its Apples	WG Tortilla Chips Salsa
<p>*Menus are subject to change</p> <p>*WG=Whole Grain / GF=Gluten Free</p> <p>*1% unflavored milk is required for children ages 2 +</p>				<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> <p>Vegetarian substitutes are provided on meat days:</p> <ul style="list-style-type: none"> • Hard boiled eggs • Cheese • Grilled cheese • Bean and cheese quesadilla • Sunbutter/jelly sandwich • Plain yogurt </div>	