

University Avenue Discovery Center



Menu for the week of: October 31 - Nov 4 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	WG Fruit Scones Oranges Milk	Pancakes Apples Milk	Fruit Smoothies W/Yogurt WG Pumpkin Bread Milk	WG Cinnamon Pita Chips Bananas	Scrambled Eggs Hash Browns Oranges Milk
LUNCH	Turkey Eggplant Parmesan Calvin's Favorite Potato Soup Apples WG Biscuits Milk	Chicken Tenders Cheese Tortellini Broccoli Oranges Milk	Turkey & Cheese Lasagna Caesar Salad WG Bread & Butter Peaches Milk	Burgers/ Garden Cheese Burger on WG Bun Cottage Cheese Tatar Tots Apples Milk	Fish Sand Potato Salad Oranges Rice Pilaf Milk
Snack	Oatmeal & Raisin Cookie Apples	Cheese WG Crackers	Oranges Graham Crackers	Apples WG Muffins	Sweet Potato Fries Bananas
<p>*Menus are subject to change</p> <p>*WG=Whole Grain / GF=Gluten Free</p> <p>*1% unflavored milk is required for children ages 2 +</p>				<p>Vegetarian substitutes are provided on meat days:</p> <ul style="list-style-type: none"> • Hard boiled eggs • Cheese • Grilled cheese • Bean and cheese quesadilla • Sunbutter/jelly sandwich • Plain yogurt 	