

hUniversity Avenue Discovery Center



Menu for the week of: January anuary 6 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Cheerios Bananas Milk	Pancakes Mixed Berries Milk	English Muffins Sunbutter Eggs Milk	Cream of Rice Bananas Milk	Eggs Hashbrowns Grapes Milk
LUNCH	Hamburgers Sweet Potato Fries Apples Corn Milk	Chicken Nuggets Rice Pilaf Mandarin Oranges Milk	Mac & Cheese Fish Sticks Apples Confetti Couscous Milk	WG Spaghetti w/Meatballs Garlic Bread Garden Salad Oranges Milk	Calvin's Potato Soup Grilled Cheese Bulgar Pilaf Apples Milk
Snack	Bean Toasties Oranges	Corn Chips Grapes	Triscuit Cheese	Sunbutter & Jelly Sandwiches Bananas	Popcorn Oranges
<p>*Menus are subject to change</p> <p>*WG=Whole Grain / GF=Gluten Free</p> <p>*1% unflavored milk is required for children ages 2 +</p>				<p>Vegetarian substitutes are provided on meat days:</p> <ul style="list-style-type: none"> • Hard boiled eggs • Cheese • Grilled cheese • Bean and cheese quesadilla • Sunbutter/jelly sandwich • Plain yogurt 	