



University Avenue Discovery Center Menu for the week of: Sept 13-17, 2021

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|---|--|---|---|---|
| Breakfast | WG Oatmeal Fruit Cocktail Milk | French Toast Strawberries Milk | Smoothies WG Cinna Fish Milk | WG Banana Bread Applesauce Milk | Pumpkin Muffins Turkey Sausage Milk |
| Lunch | CSA Tomato Soup Grilled Soup Cucumbers Oranges Milk | Fish Tacos Napa Cabbage WG Tortillas Bananas Milk | Veggie Burgers WG Rolls Spaghetti Squash Pineapples Milk | Chicken Tenders Baguettes CSA Veggies Grapes Milk | Mac N Cheese WG Goldfish CSA Veggies Apples Milk |
| Snack | Honeydews Sweet Potato Fries | Peaches Toasted Oats | Mixed Veggies Watermelons | Veggies Jungle Crackers | Pears String Cheese |

- Vegetarian substitutes are provided on meat days:
- Hard boiled eggs
 - Cheese
 - Grilled cheese
 - Bean and cheese quesadilla

- Sunbutter/jelly sandwich
- Plain yogurt

*Menus are subject to change

*WG=Whole Grain / GF=Gluten Free

*1% unflavored milk is required for children ages 2 +