



University Avenue Discovery Center Menu for the week of: Jan 24 - 28 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Chex Oranges Milk	Bagels Pears Milk	Yogurt Blueberries Milk	English Muffins Fruit Cocktail Milk	Toast Peaches Milk
Lunch	Macaroni and Cheese Green Beans Peaches Milk	Squash Stew w/ Rice Turkey Bananas Milk	Chili Cheesy Cornbread Broccoli Grapes Milk	Chicken Wraps w/ lettuce and tomato Pineapple Milk	Veg Barley Soup Blackbean Hummus Tortilla Chips Apples Milk
Snack	Pretzels Applesauce	Graham Crackers Grapes	Cheese & Crackers	Goldfish Cuties	Wheat Thins String Cheese

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***Menus are subject to change**

***WG=Whole Grain / GF=Gluten Free**

***1% unflavored milk is required for children ages 2 +**

Vegetarian substitutes are provided on meat days:

- Hard boiled eggs
- Cheese
- Grilled cheese
- Bean and cheese quesadilla
- Sunbutter/jelly sandwich
- Plain yogurt